

## LA400 – Team Building

On-line Training

#### Overview

- Team Building
  - Improve Relationships
  - Define Roles
  - Encourage Friendship and Trust
  - Different from Team Training

#### Purpose

- Understand Team Building Process
- Provide Team Building Exercises

#### Outline

- Team Building
  - Guiding Principles
  - Signals for Team Building Need
  - Steps To Build Effective Team
  - Example Exercises

# **Guiding Principles**

- Good Communications
- Increased interest
- Motivation
- Cooperation
- Commitment
- Trust
- Collaboration
- Clear Objectives
- More Effective LEC

## Symptoms for Need

- Conflicts
- Confusion
- Misunderstanding
- Apathy
- Lack of interest
- Ineffective LEC
- No Support for Leadership Team

# Team Building Steps

- All Ideas Valuable
- Awareness of Feelings
- Harmonize
- Clear Communication
- Encourage Trust
- Encourage Sharing

### Team Building Steps (con't)

- Delegate Problem-solving to Team
- Facilitate Communications
- Establish Values/Goals
- Need Clear Idea of Accomplishments
- Use Consensus
- Encourage Listening/Brainstorming

#### Focus on Root Causes

- Are there conflicts?
- Is there a need to get to know each other better?
- Individual or Team success?
- Communication Issues?
- Working as Individual or Team?
- Change Resistance?
- Morale Issues?

### Team Building Exercises

- Probably done before
- Examples:
  - The Tarp Raft
  - Roaming Gnomes
  - The Great Egg Drop
  - Mine Field
- Reflect and Build Trust