

LA430 - Coaching and Mentoring, A Primer

On-line Training

Definitions

- Coach someone who develops skills and capabilities in another person.
- Mentor an individual that becomes a trusted guide and counselor of someone less experienced

Responsibilities

- Listen
- Communicate
- Lead

Coaching

- Coaching is-
 - Skill Development
 - Continuous
 - A Formal Relationship
 - Enables Youth/Team Progress
 - May Evolve to Mentoring with Individuals

Mentoring

- A Mentor is-
 - Focus on Individual
 - Guide
 - Counselor
 - Friend
 - Teacher

What Coaches Do

- Provide task direction and vision
- Provide skill instruction
- Build team and individual capabilities
- Provide Resources
- Facilitate external relationships for individuals and teams
- Transfer responsibility for success to the team.
- Support the growth and progress of the individual.

What Mentors Do

- Advise, Support and Guide
- Instill:
 - Attitudes
 - Social Intelligence
 - Scouting Values
- Provide Trusted Counsel

Four Steps

- Friendship
- Supporting
- Teaching
- Challenging

Key Differences

	Coaching	Mentoring
Goals	To Correct	To Support
Initiative	The Coach	The Mentee
Focus	Immediate Situation	Long Term
Roles	Heavy on Telling	Heavy on listening

Conclusion

- OA Emphasis on Leadership Development
- Youth Led
- Use Both Coaching & Mentoring
- DYLC