

DUCT TAPE Youth Leadership - Section #2

2015 National Order of the Arrow Conference

Session Length: 3 Hours

Although this cell is broken into three sessions they are **not** independent of each other. Each should be completed in the given order for the participants to get the most out of it.

Through this session, you will:

**Explain:** Learn some new ideas how to develop youth leadership.

**Demonstrate:** This session will demonstrate ways to implement these ideas.

**Guide:** Instructors will guidegroups as they develop a purpose statement and SMART goals.

**Enable:** The participant will develop their own purpose statement and SMART goals.

This session will help the Section/Lodge/Chapter/Troop with the development of future leaders.

The theme of NOAC 2015 is “It Starts With Us”. This session will relay this theme in the following ways:

* 1) Learn some new ideas on how to develop youth leadership.
* 2) Break into groups and create a philosophy for the group
* 3) Develop SMART goals for each individual in the room

**SESSION NARRATIVE**

**Developing Smart Goals 50 Minutes**

FOLLOWING THIS SESSION, EACH PARTICIPANT WILL HAVE PARTICIPATED IN CREATING 3 PERSONAL GOALS. THE 3 GOALS WILL INCLUDE A SCOUTING GOAL; A WORK OR SCHOOL GOAL; AND A FAMILY GOAL.

**Lecture:** **15 Minutes**

* Each person will develop 3 goals
  + Scouting Goal
  + Work or School Goal
  + Family Goal
* Share at least 1 Goal with the Class
* SMART Individual Goals by Paul Meyer
* “ATTITUDE IS EVERYTHING”
  + Specific
  + Measurable
  + Attainable
  + Realistic
  + Timely

SPECIFIC

* A specific goal has a much better chance of being accomplished than a general goal.
* The goal must answer the six “W’s”. Who; What; When; Where; Which (identify requirements & constraints) & Why.
* Example
  + A general goal - “Advance as far as I can in Boy Scouting”
  + A specific goal - “To attain the rank of Eagle Scout..”

MEASURABLE

* Establish criteria for measuring progress toward the attainment of the goal.
* When you stay on track, reach target dates, gain confidence and momentum.
* Example
  + A non-measurable goal - “To attain the rank of Eagle Scout.”
  + A measurable goal - “To attain the rank of Eagle Scout by regularly advancing through scouting ranks.”

ATTAINABLE

* When you know your destination, it is easier to get there
* Out of reach goals come into reach as you grow into them
* Example
  + A non-attainable goal - “To attain the rank of Eagle Scout by regularly advancing through scouting ranks.”
  + An attainable goal - “To attain the rank of Eagle Scout by regularly advancing through scouting ranks by faithfully attend meetings and campouts.”

REALISTIC

* Often high goals are easier to accomplish, as they have a labor of love
* A goal is realistic if YOU think it can be accomplished
* Example
  + A non-realistic goal – “To attain the rank of Eagle Scout by regularly advancing through scouting ranks by faithfully attend meetings and campouts.”
  + A realistic goal – “To attain the rank of Eagle Scout by regularly advancing through scouting ranks by faithfully attending meetings and campouts and tracking all time limits and badge requirements to make sure that I complete them.”

TIMELY

* The goal must have a deadline
* A goal without a deadline usually meets it.
* Example
  + A non-timely goal – “To attain the rank of Eagle Scout by regularly advancing through scouting ranks by faithfully attending meetings and campouts and tracking all time limits and badge requirements to make sure that I complete them.”
  + A timely goal - “To attain the rank of Eagle Scout by regularly advancing through scouting ranks by faithfully attending meetings and campouts and tracking all time limits and badge requirements to make sure that I complete them prior to becoming 18.”

**Trainer Instructions:**

Each participant should be given 3 - 3 x 5 cards. Extra pens or pencils should be available for those that need them.

**Individual Development:** 15 **Minutes**

* Each person will develop 3 goals
  + Scouting Goal
  + Work or School Goal
  + Family Goal

Smart Goals should be:

* Specific
* Measurable
* Attainable
* Realistic
* Timely

**Presentations:** 1**5 Minutes**

Each person will be offered the opportunity to present one goal.

**Conclusion:** **5 Minutes**

**TRAINER PREPARATION**

The trainer should have a complete grasp and a strong belief of the DUCT TAPE principles. The trainer should be well spoken and very knowledge of effective youth leadership operations.

Appendix Resources:

* Computer and projector
* DUCTTAPE2.ppt – Power Point Presentation
* 3 - 3 x 5 cards per person.
* Extra pens or pencils that might be required.